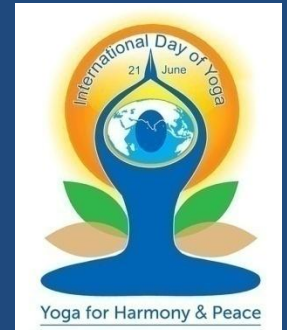


MAHARSHI DAYANAND UNIVERSITY

ROHTAK-124001, HARYANA (INDIA)
'A+' GRADE UNIVERSITY ACCREDITED BY NAAC



ONLINE CELEBRATION OF INTERNATIONAL DAY OF YOGA JUNE 21, 2021



Chief Guest

**Prof. Rajbir Singh, Vice-Chancellor,
Maharshi Dayanand University, Rohtak**

To join click on webex link

<https://mdu.webex.com/mdu/j.php?MTID=mdadbf30409caf03ac08f3dbe891b745e>

Live telecast on MDU Live channel

https://www.youtube.com/channel/UC_LJ29unRvGdR9MTyMa-55Q

**Prizes Distribution for Yogasana to University Employees
on June 21, 2021**

Organizers

**Students' Welfare Department and
Centre for Yogic Studies**

SPECIAL ATTRACTION FOR PERFORMANCE ON 7th IDY- 2021

- The theme of the 7th IDY- 2021 is to stay motivated at home and adopt a healthy lifestyle by doing exercise and yoga. To acknowledge the dedication of university employees towards exploring and expanding their physical and mental abilities with the help of yoga, the prizes will be awarded for showcasing their video on any two 'Asanas' out of Yoga Protocol Asanas notified for celebration of 7th IDY-2021 by MDU, Rohtak. The recorded video of two 'Asanas' is to be uploaded on google form link between 8:00am to 10:30am on June 21, 2021 positively.
- Google form Link:
<https://forms.gle/kGxxfQYtZZzxXh859>